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# EDITOR MESSA



imagination is what can make a culture. Artists have "the ability to manipulate the form of their art therefore manipulating the experience of that art." 2 Art is everywhere; it is in the car we drive, the magazine we read, and in the food that we eat. Art is something that influences many parts of our lives.

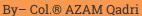
Art is what drives us to be creative. To make a car better, we need to have an impeccable design. To build a better house, we have to have an imagination to construct. Art is in

rt is an expression of a particular person, or group of people. Art can have a large effect on culture, as it can

be symbolic of traits, morals, and religious characteristics. An artist is defined as "a person whose creative work shows sensitivity and imagination." That sensitivity and

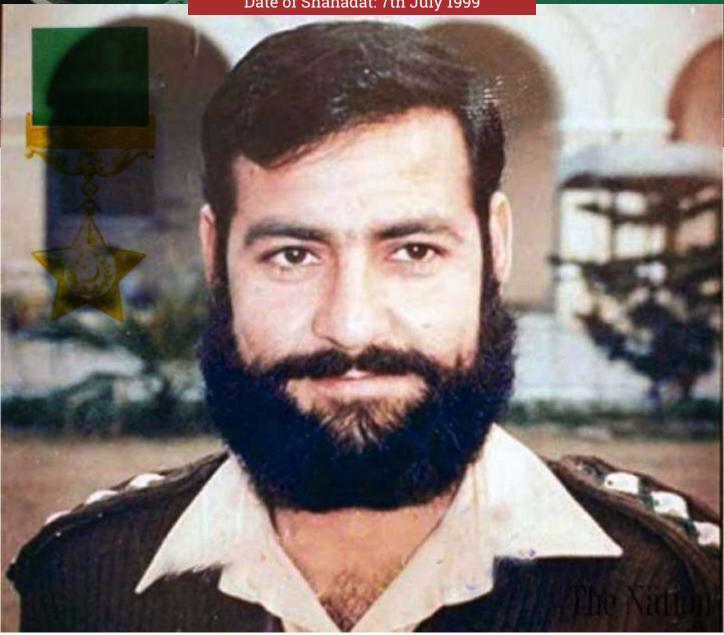
car better, we need to have an impeccable design. To build a better house, we have to have an imagination to construct. Art is in everything around us whether it is the car we drive or the house we go home to, it is someone's artwork. It took someone's creativity and thought to fabricate the masterpiece.

The arts provide a way for people to explore new possibilities "to notice the world."2 Art defines a culture because " culture is a pattern of behaviors, ideas, and values shared by a group."3 Without art, what is a culture? A way of life? Culture is sometimes defined as "the tastes in art and manners that are favored by a social group."1 Some would come to the conclusion that there isn't culture without art. If you take away all man made things, do you have culture left? Culture is an expression, and without art, there is nothing left but survival. Art offers a type of release, whether through song, paint, clay, or simply writing in a diary.



### Captain Karnel Sher Khan Shaheed

Sind Regiment Date of Shahadat: 7th July 1999



#### **Early Life**

Captain Karnel Sher Khan Shaheed was born on 1 January 1970 in Village Nawa Killi in Sawabi District of KPK province. As to how he came about to be named as Karnel Sher Khan, his brother explained that his father wanted him to become Colonel in Pakistan Army so that is the reason he named him Karnel Sher Khan.

Captain Sher Khan was the youngest of his two brothers and two sisters. His mother died in 1978 when he was only eight years old. He was brought up by his paternal aunts. His family is deeply religious and they say that Sher was an embodiment of piety and Islamic teaching.

#### **Joins PAF**

After completing his intermediate schooling at the Government College Sawabi, he joined the Pakistan Air Force as an airman. On completion of his training, he was appointed electric fitter (aeronautical) at Primary Flying Training Wing Risalpur. During these years he applied twice for commission in the Pakistan Army as a Commissioned Officer. He succeeded in his second attempt.

#### Joins Pakistan Army

He joined the Pakistan Military Academy, Kakul, in November 1992 and graduated with the 90th PMA Long Course in 1994. He got his first posting to Okara and joined 27th Sindh Regiment as 2/Lt. He is remembered by his colleagues to be cheerful by nature and was always smiling. He established a reputation of being a highly motivated and devoted soldier. He was fondly called as "Shera" (Lion) and was very popular among his officers and soldiers/colleagues.

#### **Volunteers for Action**

Rearing for some real action and to get away from routine, he volunteered to serve at the Line of Control in Kashmir. His request was acceded to and was posted in January 1998 to 12 NLI from 27 Sind Regiment.

#### His bravery in action

Deputed to defend posts in the Valley of Maskosh in the Gultary area of the Kargil sector. While defending his posts he repeatedly pushed back the Indian attacks, that was far superior in numbers and modern weaponry and dealt a severe blow upon them particularly on the 8 Sikh Infantry Battalion, who were not only stopped but pushed back.

He counterattacked the enemy at Tiger Hill during day when enemy could easily see his

movements. It was a surprise for Indian Army as they were not expecting anything like that. It was considered as a suicide counterattack but being familiar with the importance of that post Karnel Sher was not only successful in forcing the enemy to retreat but also followed them to their base camp and embraced Shahadat in the process. He killed many Indian soldiers who became afraid of his attacks and ran away and Captain Sher khan followed them but was martyred.

He with his 21 comrades kept defending his posts and eventually pursued them with such lightning speed fighting closely and was able to penetrate the battalion headquarter of 8 Sikh. During the close quarter battle he lost most of his comrades was surrounded and order to surrender and decided to continue attacking and fighting till their last breath. He eventually embraced martyrdom fighting.

### Tribute by the Indian Army

After his Shahadat when, his body was recovered, a few Indian Soldiers tried to maltreat his body, the Commanding Officer of 8 Sikh ordered them to step back and treat him with honour as he fought bravely. His remains were later shifted in an honourable manner to Srinagar. He also stated that he should be rewarded with the highest gallantry award of Pakistan. His written citation by the Indian Commanding Officer makes not only him and his family proud but Pakistan Army and the whole Pakistani nation proud him.

Citation of his Bravery from Pakistan Army

The following is the official statement by the Pakistan Army:

"Captain Karnel Sher Khan emerged as the symbol of mettle and courage during the Kargil conflict on the Line of Control (LoC). He set personal examples of bravery and inflicted heavy losses on the enemy. He defended the five strategic posts, which he established with his Jawaans at the height of some 17,000 feet at Gultary, and repulsed many Indian attacks. After many abortive attempts, the enemy on July 5 ringed the post of Capt. Sher Khan with the help of two battalion and unleashed heavy Mortar firing and managed to capture some part of the post. Despite facing all odds, he led a counter-attack and tried to re-capture the lost parts. But during the course he was hit by the machine-gun fire and embraced Shahadat or martyrdom at the same post. He is the first officer from the Khyber-Pakhtunkhwa province of Pakistan to be awarded with Nishan-e-Haider."

### In recognition and Remembrance

The Government of Pakistan awarded him with the Highest Gallantry Award of Nishane-Haider, besides an official recognition by the Indian Army for award of the highest gallantry award for him. The parent village of Shaheed Captain Karnel Sher Khan has been named as Captain Karnel Sher Khan,



akistan is the blessed child of South Asia – blessed with abundant natural and historical riches, but plagued by political instability, which has kept the country off the radar for all but the most hardened explorers. In 2018 the British Back Packer ranked Pakistan as the world's top adventure travel destination, describing the country as "one of the friendliest countries on earth, with mountain scenery that is beyond anyone's wildest imagination.

To explore this hidden treasure trove, one of the major attractions that Pakistan Has is the area of Gilgit which is the capital city of Gilgit Baltistan in the state of Pakistan.

#### The

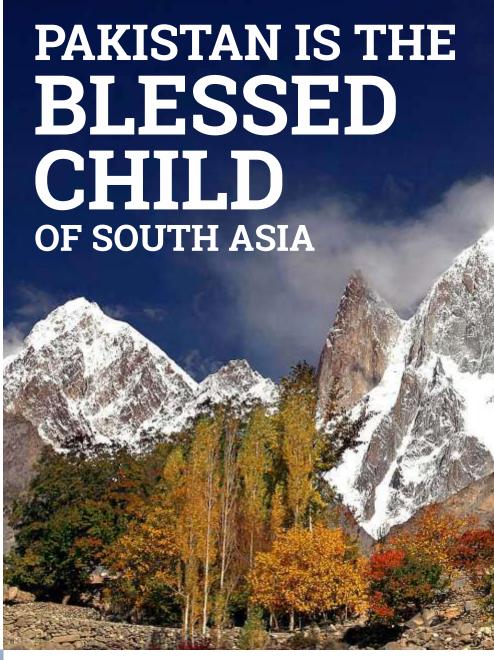
City is located in a broad valley near the confluence of Gilgit river and Hunza valley. The climate of Gilgit-Baltistan varies from region to region encompassing mountain ranges creates sharp variations in weather. The eastern part has the moist zone of the western Himalayas however going toward Mustagh and Hindu Kush the climate dries significantly.

Gilgit Baltistan is blessed with variety of attraction like mountains, Deosai plateau, lakes, Karakoram Highway, glaciers, deserts, forests, flora and fauna, heritage, culture and traditions. In the year 2017/18 over 1.72 million tourists visited Gilgit Baltistan. Three of the world's longest glaciers outside the polar regions are found in Gilgit-Baltistan.

The road to Gilgit is another adventure and beauty filled experience Karakorum Highway built Between 1966 to 1978 by the Chinese and Pakistani engineers, above the shoulders of gigantic mountains of Himalayas, Hindukush & Karakorum ranges. More than five hundred lives are buried under this marvelous road which is known all over the world for its beauty and variation in terrain and culture. The highway runs along the river Indus and later continuous to Gilgit on Gilgit river.



MONTHLY INTERNATIONAL CULTURE & ART



Each stop of this highway will definitely force you to admire it. There are nice motels on main points and towns of the Highway.

An Ideal Itinerary will to take go from Islamabad to Besham overnight at PTDC motel Besham is located on the Bank of Indus river. Later you continue to Gilgit with several photo stops on the way. There are also some interesting Rock drawings from the Buddhist period along the road.

Flights to Gilgit are depending on weather so are not advisable for a good reliable tour. Road Journey is much scenic and more reliable. The Climate and summits will keep you relaxed and feel sublimated in this journey.

















he Market Theater Gum Wall is a brick wall covered in used chewing gum located in an alleyway in Post Alley under Pike Place Market in Downtown Seattle. Much like Bubblegum Alley in San Luis Obispo, California, the Market Theater Gum Wall is a local landmark. Parts of the wall covered are several inches thick, 15 feet (4.6 m) high along a 50-foot-long (15 m) width.

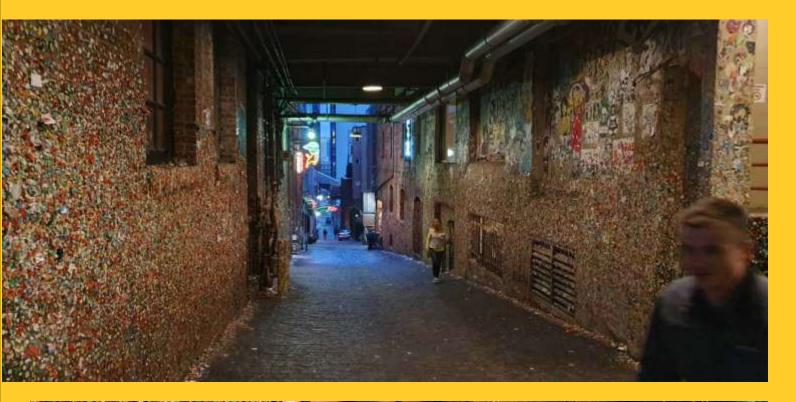
The Wall is by the box office for the

Market Theater. The tradition began around 1993 when patrons of Unexpected Productions' Seattle Theatre sports stuck gum to the wall and placed coins in the gum blobs. Theater workers scraped the gum away twice, but eventually gave up after market officials deemed the gum wall a tourist attraction around 1999. Some people created small works of art out of gum.

It was named one of the top 5 germ tourist attractions in 2009, second to the Blarney

Stone. It is the location of the start of a ghost tour, and also a popular site with wedding photographers. The state governor, Jay Inslee, said it is his "favorite thing about Seattle you can't find anywhere else".

A scene in the 2009 Jennifer Aniston film, Love Happens was shot at this wall.

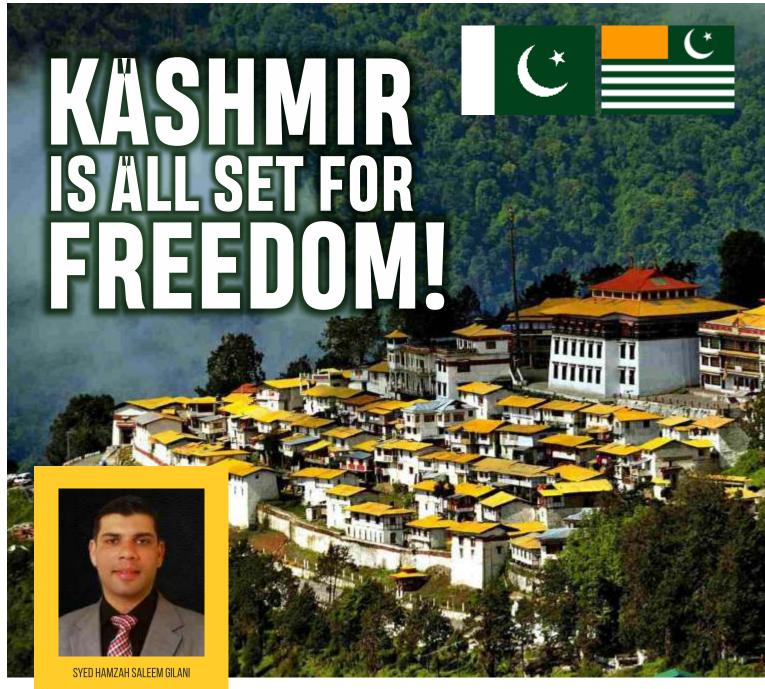








MONTHLY INTERNATIONAL CULTURE & ART



he state of Kashmir, located between northwestern India and northeastern Pakistan, is a Muslim majority area of the Indian subcontinent. Prior to 1947, the region comprising Pakistan, India, and Kashmir was known as British India and was a colony of the British Empire consisting of hundreds of small states, each of which was controlled by a local leader know as a maharajah. When the British left the region in 1947, it was up to the individual states to determine which of the two new independent countries they wished to join. Those countries with Muslim majorities opted to become part of Pakistan, while those with Hindu majorities chose to become part of the new India. Kashmir was a Muslimmajority area and decided to align with Pakistan but its owner Raja Hari Singh sold this state to Nehru

family. Kashmir, termed as jugular vein of Pakistan by the founder of Pakistan, remains to be an inevitable to-be-resolved issue for the normalization of bilateral relations between India and Pakistan. India's approach to Kashmir has become burdensome because the state is the testing ground of the new idea, to run the affairs of state, projected by BJP.

This new idea is based on the philosophy of 'Hindutva' or 'Hinduness' which is an ideology seeking to establish the hegemony of Hindus and the Hindu way of life. Kashmir has its own ethos built on the foundation of the Islamic faith of a unique strand of tolerance. It would be a great tragedy if this unique inheritance were to be submerged to BJP's resolve to propagate its idea of India.







### Imran Khan has won the minds and hearts of American citizens and establishment.

The struggle for Kashmir and Indian Government's brutalism, like fuel and fire, are increasing and propelling side by side by side. And it would not be an exaggeration to associate South East Asia's peace with the peaceful resolution of Kashmir Issue. The rules of Partition, 1947, also define Kashmir as part of Pakistan. But ill-intended ruler preferred to sow a seed of contention by selling it to Hindus.

In the recent history Kashmiris continue to

challenge the hegemonistic agendas of Modi's government. Though very unfortunate as Pakistan, stepping forward, has paved way for an amicable solution to the long and enervating issue. But, however, it appears that Pakistan's peace initiatives are not in line with the nefarious plans of our eastern neighbors; determined to fog the visible and achievable solution-path.

Indian Government, to stay alive amongst its citizenry, or perhaps to justify its huge military budget, has recently, embarked on the trajectory of misadventures towards Pakistan. But all the, feeble, fancy maneuvers have been appropriately and vehemently reciprocated, in manifolds, earning, the Indian Government, huge embarrassment, domestically as well as internationally- Abhinandan episode was the latest.

Imran Khan has won the minds and hearts of









American citizens and establishment.

Serious concerns of the United States for regional stability, meaningful economic engagement with Pakistan and resolution of Afghanistan issue, especially to curb the menace of terrorism, awaited, for ages, for a Pakistan-focused, rather than business-oriented leader to engage with the United States.

People in India and Pakistan, in majority, were appeased by the outcome of Khan-Trump meeting in hope of regional peace-prevelance.

However, by all means, this was a knockout-defeat for the hawks in India who were actively pursuing for Pakistan's diplomatic-alienation from the international scenario.

Rather than a well thought out strategic move, recent initiatives from Indian side vis-a-vis Kashmir, are more of a reactionary in nature to offset the series of defeats, Abhinandon, Kalbhushan and Paksiatn's diplomatic victory in US.

India has revoked Article 370 - which gave the state of Jammu and Kashmir significant autonomy from the rest of the country along with numerically inflating its military presence in Kashmir. Simple question from a sane mind would be what is India attempting to do? Engage in a war with Pakistan? That for sure is not possible, be more brutal to Kashmiri Muslims? That is already a years-long













practice. Therefore in the ultimate analysis India's, weak, muscular move is nothing more than a power show designed, as a divergent strategy, to reassert itself in the international arena.

Kashmir movement is indigenous in nature. And Kashmiris are using guerrilla tactics to counter the largest occupying force, in any region, for their right of freedom and solidarity. Historically speaking results of guerilla warfare always favor the small-numbered guerrilla fighters rather than their strong opponents.

Apparently a "smart" move from Indian perspective is serving as an open jihad-invitation for aspirants from Kashmir and adjoining areas.

Pak-India war is out of question because of their nuclear capabilities, therefore there are two possible solutions to the recently, Indiancooked turmoil; international organizations will step in to diffuse the situation which is most likely. And in the second instance if India is willing to stretch the unholy game for a longer time, and no one intervenes, its own forces will be demoralized by the overwhelming response from the freedom fighters, and face historical embarrassment. Either way, courtesy Modi's unwise policies, Kashmir has, once again, risen as an issue, to be solved, across the globe. Even though Pakistan is, and has always been, vocally supporting the Kashmir cause. But the recent episode is emerging as a humanitarian crisis is surely a lose-lose situation for Modi regime.

Positive vibes are springing out of my deepest conscience that Kashmir is now all set for freedom!

MONTHLY INTERNATIONAL CULTURE & ART

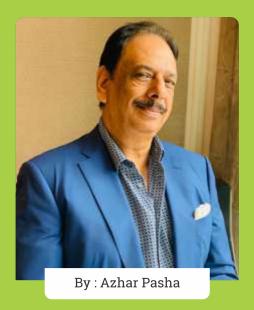
### "GREEN PAKISTAN"

# TREE PLANTATION DRIVE INAUGURATED



or the last two decades awareness on environmental hazards has picked up quite a momentum. Greenhouse gases, heat waves, pollution, industrial wastes are the topics which have gained quite an understanding in these recent years. The increased heat waves every year in Pakistan have rung a bell for us. To solve these issues there are mainly two ways which are either to control our industrial wastes according to international standards so as to create a low carbon environment and secondly to increase the greenery in our country.

According to a recent report most of the world has forests which occupy roughly 30% of the total land of a country; whereas in Pakistan that ratio is a staggering low at 4.5% which is alarming. Trees are the main source of environmental purification and when compared to the world we are only covering 4.5% of the land with forestry; it has finally raised the attention of Sustainable Tourism Foundation Pakistan (STFP) which is a pioneer organization in



introducing and promoting the concept of ecofriendly and responsible tourism in Pakistan. Thus, the outcome of this wakeup call is the project known as "Mission Go Green" Pakistan.

The Main focus group of this drive would be tourists, students and volunteers to plant tree saplings at different places and sites across all Pakistan. For this purpose, STFP has started their awareness campaign through social and print media and launched a website as well so as the public can browse through the literature and if motivated enough then make them-selves registered on the webpage to be a part of this campaign. There will be three ways to take part actively in this campaign. One is to sign in as a volunteer to take part in plantation activities and awareness raising events. Secondly, they can make a pledge to plant tree saplings and qualify for Green awards. Lastly, they can sponsor tree plantation events, funding the procurement of tree saplings or tree plantation costs.

Trees are not only important for climate amelioration, providing oxygen, conserving water and supporting wildlife but they also make a place vibrant and beautiful. Let us all make an effort to support the mission go green Pakistan.



# WHAT WAS IT LIKE SEEING LIKE SEEING WIN AN LA PRESS CLUB AWARD?

irst, just being there was a unique experience. The event was at LA's historic Biltmore hotel's Crystal Ballroom—a place where presidents and heads of state have been honored and/or had events. While I've been at the Biltmore many times over the years, this was special. During the mix and mingle part I became aware of just what a mix of people were there: from barely-known local journalists working at tiny indie and college-based print, TV and web outlets, all the way up to those with a national presence, working for the biggest publications and TV stations. (Kudos to the LA Press Club for being so inclusive.)

Once the awards got underway, the vibe was also decidely eclectic, sitting right in the middle of 'freewheeling / anything goes / keep the drinks coming' to 'we're all here to honor free speech and those who put their lives on the line to get the story out.' Our table was also a factor in that. We were SUPPOSED to have been seated much closer to the front; however, we got assigned to a table 2nd from the back. As it turns out, that was exactly the right thing as everyone there was either from the Pasadena Weekly (Ellen), or the Long Beach based "Argonaut" newsweekly. Ellen sat right next to an Argonaut guy up for best editorial, who used to work at the Pasadena Weekly; Ellen and this guy are friends. So everyone at the table was rooting for everyone else.

What we didn't realize is that the awards themselves have



DOZENS AND DOZENS of categories and therefore winners would be announced in groups and come up in those groups to receive their award; there would not be time for an acceptance speech. Only the 'big category' winners got to do that. I'd wondered what Ellen would say if she won, and soon realized that wasn't gonna happen. \*sigh\*

All night I'm wrestling with a few things. One of which is that I had a suspicion (later validated) that being nominated for, and possibly winning, one of these awards is a BIG DEAL — second in esteem to the Pulitzers. I knew Ellen was trying to downplay the whole thing to avoid disappointment if she lost, even though — YES — being nominated IS an honor.

So in my mind I was kind of doing the same thing Ellen was (when we compared notes later): "oh, I want her to win! But what if she doesn't? She'll be disappointed, and I'll be disappointed too. And then I'll take offense at whoever DID win. And awards aren't important. Yes they are! NO THEY AREN'T! And she's also competing with her own editor; if she wins, how will he take it?" (Answer: very well.) And then I'd force myself to get present to all the amazing people and stories I was witnessing, and the work everyone did all year long and I'd feel better.

Finally the moment came for Ellen's category... I'm literally holding my breath, and our friend Dawn was, too. And then... and then ... we hear "and the award goes to ... ELLEN SNORTLAND"! And Dawn and I and Ellen erupt! Ellen actually yelped "WHAT?!" while both and Dawn and I whooped-whooped. We made so much noise we didn't hear the rest of the announcement, which was recounting what the judges said about the column that just won:

Judges' comment: "Deeply personal column with humor and insight. Terrific writing."

Ellen was momentarily so stunned I had to say to her "get up and go get the award!"

I've always been proud, and in awe of, Ellen's talent in all things especially writing. And now even more so.

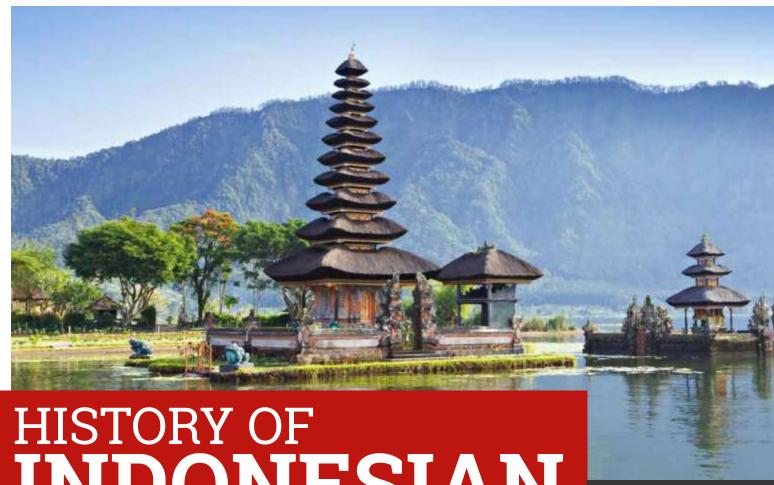
Toward the end of the night, Henry Winkler was honored for both his contributions to civic life and also support of journalism, and of protecting journalists. He talked about the 'toxic sludge' emanating from the White House, threatening to engulf us, and that journalists were our "levees" that protected us, urging everyone to keep up the work so that the levees would hold. It was extremely moving.











HISTORY OF INDONESIAN STRUGGLE

(BEFORE AND AFTER INDEPENDENCE)





by Feroz





group of Indonesians who unite or unite because of the similarities of history and fate in the past, and have the same goals and objectives for life in the future Will come.

According to Surjomiharjdjo (1989) The Struggle of the nation to achieve independence in Asian countries who have experienced the process of colonization, generally reached the peak in the mid-20th century convinced through the process of decolonisation between the years 1945-1955 Countries independent of the period other than Indonesia are Sri Lanka and Lebanon (22 November 1943), Philippines (4 July 1946), Jordan (22 March 1946), Pakistan(14 August 1947) and India (15 August 1947), Miyanmar or Burma (4 January 1948), Vietnam (20 July 1954) and Sri Lanka (4 February 1948).

To explain the history of the struggle of the Indonesian nation, we will display the following in the Division of Time:

History of Indonesian nation struggle before independence

#### **Portuguese Times**

Before the country was independent, Indonesia had to taste the cruel occupation of several foreign countries. It started from the Portuguese that first came to Malacca in 1509. Led by the Portuguese Alfonso de Albuquerque can master Malacca on 10 August 1511. After obtaining Malacca, the Portuguese began to move from Madura to Ternate.

#### Portuguese entry illustration in Indonesia

The Indonesian nation actually launched various resistance to the Portuguese. One of the famous opponents is the opponent Fatahillah who came from Demak in Sunda Kelapa (Jakarta). At that time Fatahillah could sweep the Portuguese and reclaim the Sunda Kelapa. Then by Fatahillah Sunda Coconut name was changed to Jayakarta.









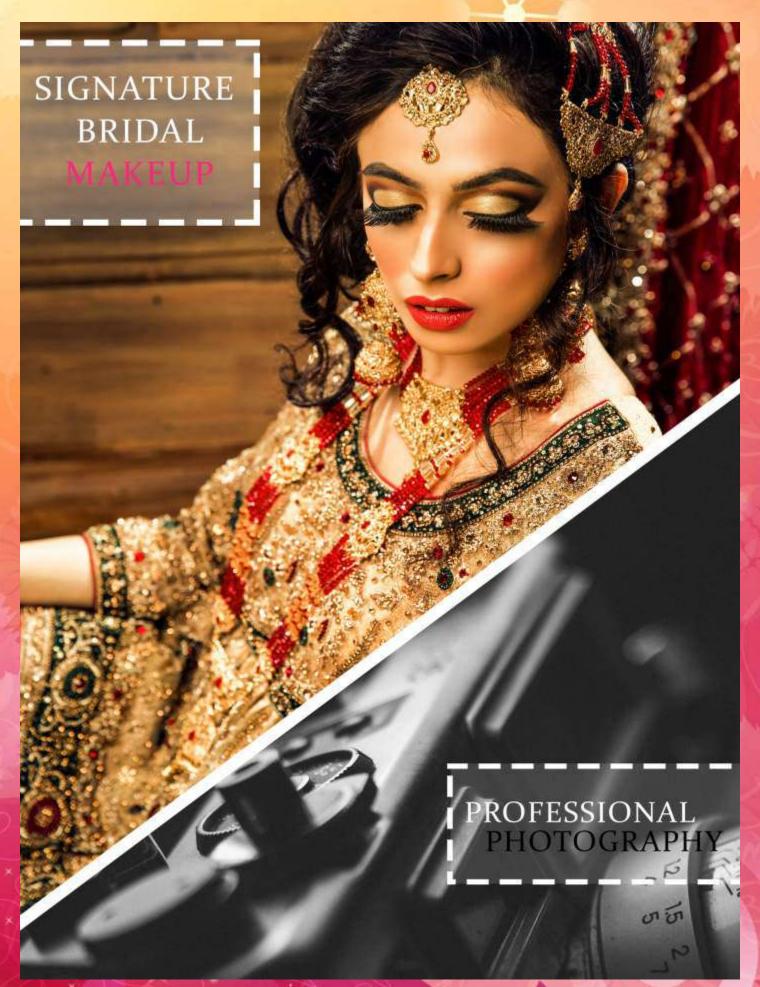
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#### Embrace **About Us** De Elegance represent the elegance of woman It is our goal to exceed your expectations. Come, Experience the Elegant look which will provide by us, De Elegance promises to honour women & help them feel more beautifull & confident **Our Services** Luxury Hair Treatment Signature Makeup Skin Treatments Microblading Acrylics HD Brows Natural Hair Extensions **Eye Lashes Extensions** Photography



### FATIMA NASIR AN INSPIRATION FOR YOUTH





uring a recent Interview with Fatima Nasir, an article writer at spectra magazine, a brilliant student, an ardent goal achiever, Fatima talked about her achievements along-with her fervent desire and consistence struggle for what she wants to be in the future.

During the start of the interview Fatima told us about her brilliant first position in the matriculation Exam by scoring 1079/1100. When asked, how she got such brilliant results, she replied, there is no secret to her success recipe except her commitment and passion for excellence. The success only owes to those who start loving what they do. When you love what you do then wonders often come along with this zeal.

Apart from being an exceptional student, Fatima is also an avid participant of various competitions which are not only limited to science but also span across the creative borders of dress designing and essay writing. Fatima secured 2nd position in the inter schools math Olympiad in grade 7 and stood at 3rd position at grade 8th.She achieved 11th position nationwide and 4th at district level in CEATS Math competition 2016. She is the champion as well as an outstanding student of learn smart Pakistan. In world space week she had been declared runner up for space fiction essay writing under English virtuoso .A proud winner of essay writing competition at Air Tech 18.Apart from winning various mathematics and essay writing competitions, in 2018 during teachers workshop at Beijing she is the proud holder of a gold medal for best presentation in costume designing.

Currently Fatima is working as an ambassador for "round pier" an online platform aimed at helping students from all over the world mainly during their high school tenure. Fatima is also writing for Specters Magazine aimed at promoting science literature among young students of Pakistan. She is also





running a blog about science stuff that is exciting and novel.

Concluding up Fatima expressed her wish that she wants to pursue mathematics further as a scientific subject since she is curious about its profundities and over the years have grown loving this subject.

## MAHNOOR AMIR SECURED THE TOP POSITION IN IGCSE 0-LEVEL RESULTS AT SZIA.



SHEIKH ZAYED INTERNATIONAL ACADEMY - ISLAMABAD

أكاديمية الشيخ زايد الدولية - إسلام أباد

#### Cambridge IGCSE Examination Result 2019



5A\* 3A's

### Congratulations

IGCSE O-Level results were Announced on August 13th 2019 where Mahnoor Amir of Sheikh Zayed International Academy (SZIA) secured the top position in academy by attaining straight five "A\*" and three "As" in her eight subjects. Mahnoor said she was grateful to ALLAH and attributed her success to the expert help from the dedicated teaching staff, guidance provided by the Principal Mrs.

Wafaa Abdul Ghaffar and devoted support from her parents. These results confirm the outstanding quality of education and support which students receive at SZIA.

# LOCOMOTIVE BY OLIVER —GERMANY

Bernd Falz collects locomotives like other stamps or coins. The senior from Hermeskeil owns more than 130 old rail roasters, which he holds in his hometown and on the grounds in Falkenberg. He owns the largest private locomotive collection in the world, which he opens to the public at regular intervals.

This collector started in 1976 in Jüterbog on a former military site areal. He saves an old steam locomotive from the GDR from being scrapped, and with this began his passion for collecting. After the reunification in Germany, a few locomotives were quickly added, many in a frightening state which makes a refurbishment hardly possible. His goal, however, is to preserve these vehicles of posterity.

The locomotives in the locomotive sheds are best preserved. Here they stand dry, cannot rust, and nothing gets away. The greatest wish of the former management consultant and computer specialist, who retrained as a train driver at the age of 50 to fulfil his lifelong dream, is the construction of another hall in Hermeskeil. So far, he has not received a permit from the authorities. Around 20 locomotives, some of which are in a pitiful state, could be saved from permanent decay. More and more rust gnaws at the elderly steamers, and trees are already growing on some vehicles. In places, the museum gradually becomes a "locomotive cemetery".

















# THE EDMONTON HERITAGE FISHINAL

anada is a beautiful country and also so very hospitable. The Canadians hold an annual festival for multicultures.

This year a three-day celebration of

Canada's multiculturalism was held from 1 to 3 August at Edmonton. Over 300,000 people enjoyed the tastes, smells, sights and sounds. Participants from 100 countries and cultures participated.

There were 72 outdoor pavilions set up at Edmonton's Hawrelak Park.

Canada Opens up to the world next year from August 1-3, 2020.









# TERRORISM AND INTOLERANCE IS CONTAGIOUS FOR SOCIETY

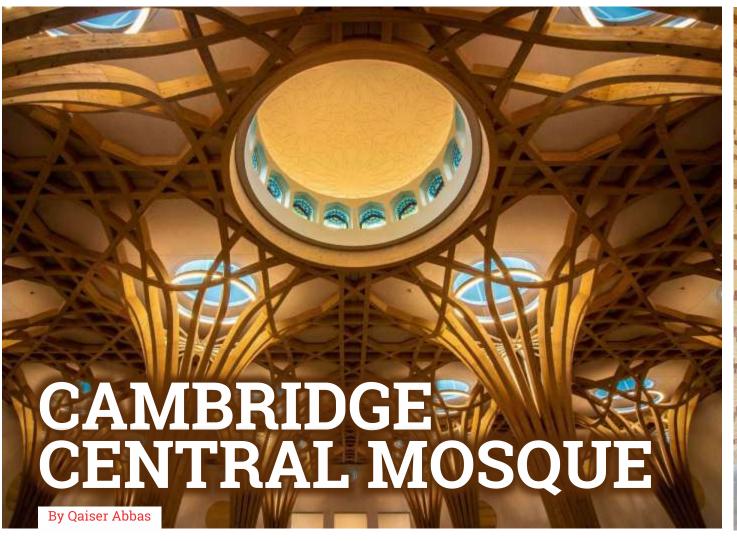


he CEO of Pakistan Peace Collective Organization; Mr. Shabbir Anwar addressing a seminar held under the Ministry of Information said any verbal or written communication which is offensive can cause serious damage to society.

Therefore, our words should be chosen very carefully. He said we can bring positive change in society by communicating values of tolerance and forgiveness through our writing and speeches. The concern of terrorism and intolerance is eating our society from inside.

During this seminar Mr. Mehdi Hassan, Humaira Saleem, Rauf Tahir, Humaniyun Saleem ,Ex Director PID Saeed Ahmad Sheikh and Ms. Kiran Khan were also present.





he British weather is very unpredictable and fortunately on Saturday, the sun was shining and temperature was higher than normal so I decided to spend this day in Cambridge. The Cambridge is a University City; around 60 mile north of London with strong transport connection to various cities including London. The city is also burial place of Chaudhry Rehmat Ali, creator of word 'Pakistan' and originator of the Pakistan Movement.

I telephoned my photographer and we started our journey by car. As we drove along M11, the panoramic views of green fields were breathtaking and captured our imagination. After almost one and half hours drive, we reached to the beautiful and worldly renowned city of Cambridge to see a newly built Eco-Mosque, the Cambridge Central Mosque which is also known as Masjid Al-Toheed. There is ample free parking on the side roads and in the basement. The Mosque is also walking distance from the Station and there is plenty space for bikes and it is easily accessible by public transport.

This is Europe's first environment friendly Mosque, located near University of Cambridge and a concept of Dr Abdal Hakim Murad, a Muslim convert and dean of the Cambridge Muslim College. The mosque was completed in April 2019 and £23 million was spent on its construction. There are around 6,000

Muslims in Cambridge city and this Mosque offers space for 1,000 worshippers.

The Mosque is also open for people of other religions including students from various schools and colleges. The Mosque includes main prayer hall, corridors, ablution areas and accommodation for the Imam and visiting scholars. At the entrance, a beautiful garden and fountain will attract your attention. The Mosque's timber structure, shaped as tree, is skilfully designed and installed. The Mosque's design was inspired both by the Islamic and English religious architectural traditions.

Environmental concerns have been paramount in the design of this Mosque. Therefore, this building is naturally lit all year round by large skylights and renewable energy from sunlight is also being generated. The Mosque is cooled and heated by locally generated energy. The rainwater is harvested to flush toilets and irrigate the gardens.

We performed ablution and prayed Asar in the Mosque. The combination of gardens with whispering fountains and vaulted prayer spaces offer a unique spiritual experience. There is also a cafe annexed to the main building and gardens and is also open for everyone. We spent around an hour inside this stunning mosque and came back with the beautiful memories.













Edgar Conrado Castro Bathen

ergio Montúfar is an astrophotographer, artist, traveler, skywatcher, disseminator, exhibitor, lecturer and above all a human being who loves Guatemala and the Universe. An artist who has a lot to say. His works carry a message that we try to decode, contemplating them and talking with him, in a sincere and open way.

"My work carries a message of cultural and natural conservation, 80% of the world's population lives in skies contaminated by artificial light from outdoor lighting," says Sergio, "science and culture are important for the development of society, with this I show that art is a powerful tool of inspiration", he says.

In 2018, Sergio was invited to speak at Space for Inspiration, an international event held in Spain, where exhibitors from all over the world come to talk about space. What opportunity did Guatemala have, having Sergio as a speaker on that platform?

"I was decided to inspire the public to explore the Moon. I had to develop an artistic, spatial, audiovisual work, with the material that I have developed together with multidisciplinary specialists, in the years that I have been dedicating myself to scientific dissemination in artistic format", Sergio says.



The conference was attended by personalities from space agencies such as NASA, ESA (European Space Agency) and others, including the director of the International Space Station and space technology developers. What they saw was an artist from Guatemala presenting an artwork where the moon, the Mayans, our astronomical culture and inspiring verses were mixed, something totally inspiring.

Art is a powerful tool for education and inspiration. His influence is strong.

Believe in the facts and not in words. Sergio made the lights of a tourist sector in Antigua go out. Why?

"Because it was part of an awareness program that seeks to raise awareness about wasting energy to the sky and educate the population about the negative impact of light pollution. It was inspired by several experiences that I had during my astronomical exploration in Latin America".

"We managed to do something historical, which not only included a blackout but a complete system of activities that









contribute to the scientific development of the region. More than 2000 people attended, achieving a record for an environmental awareness activity".

How do you see what is coming, social awareness about our planet and the need to preserve it?

"Right now, our planet needs an environmentally conservative civilization. We must avoid continuing to exploit natural resources without regulation, cutting down trees, reducing the consumption of food from animals and developing self-sustaining systems that include homes with orchards

that meet some food needs, it is time for homes use renewable energy".

#### And what about night lighting?

"We must illuminate our nights well. The human eye evolved with cycles of darkness and light, the evolution of light pollution in 140 years represents a factor in the evolution of our eyes for the future of the human species".

#### What do you think about astronomy?

"I want to protect places of astronomical observation and I want to tell the story of our

ancestral astronomy, a work that I have developed for more than 6 years in several places where I have exhibited, such as India, France, Mexico, Peru, Argentina, Spain and Guatemala".

I say goodbye to this astronomer-artist, environmental evangelist, cameraman, sometimes understood and often misunderstood, who has been recognized in international competitions, in prestigious sites of scientific dissemination, and yet still little recognized in his own land. We wish you success and keep going.



I urniture has a big impact on the look and feel of an interior. While its main purpose is functionality, an appealing aesthetic is also crucial. From cozy, intimate lounges to light, open-plan atriums, the furniture that hotel designers choose creates a lasting first impression.

Guests who have traveled long distances require a relaxing environment from the moment they enter the lobby to the minute they rest their heads on their pillows. In between business meetings or sightseeing excursions, they often seek exciting leisure options and beautiful dining areas. The options for creativity are limitless, but décor must be chosen with the hotel's concept in mind.

Furniture trends are constantly evolving, in line with wider interior design tastes and preferences. More materials are available than ever before, inspiring

furniture designers to produce imaginative new ideas or add modern twists to classic motifs. There are a plethora of furnishing options—from the big, eye-catching statement piece to the subtle finishing touch—all of which help define the theme and style of a venue. Below are five furniture trends that don't appear to be going anywhere any time soon.

#### 1.Whimsical Wood

The timeless, organic look and feel of unpolished wood has become a go-to thanks to the enduring popularity of Scandinavian chic. This minimal and classic design trend began in the early 20th century as a move away from heavily ornamented furniture, instilling a breath of fresh air in modern spaces.

In contemporary spaces, Sintered Stone mimics the look of wood in a durable wall paneling or table. It can also be combined with calming pastels for an injection of color, or with contrasting textures to offer a captivating juxtaposition of the natural and industrial.



#### 2.Mixed Materials

reating contrast is nothing new in design, but as more colors, patterns, and finishes become available, the scope of options has changed. Marble-like Sintered Stone combined with metal accents and plush furniture is an elegant take on material-mixing.

Those with more organic preferences are choosing instead to combine this beautifully veined motif with bare wood.



#### 3.Pump Up the Volume

urniture designers are becoming more adventurous as vibrant colors are increasingly being incorporated into hotels for a fresh, cool feel. Big splashes of primary tones and high-volume hues deliver punchy and distinctive interiors perfect for the ultra-modern hotel, from bold seating in the lobby or an upscale café, to small, bright touches in guestrooms to create an uplifting atmosphere. Beyond the purely aesthetic, bright blocks of color also serve a practical purpose, helping weary travelers or international visitors easily find key areas such as the dining room or front desk.



#### 4.A Touch of Drama

Intimate interiors full of dark hues and moody tones are witnessing a revival as designers rediscover the attraction of turn-of-the-century parlors and boudoirs. Varnished browns, lacquered blacks, vermillion reds, and deep purples are increasingly being used for furniture surfaces and upholstery, and are ideal for hotel lounges and guestrooms. When emphasized with pools of warm lighting, casting sultry shadows across a room, these shades evoke a refined environment perfect for relaxation.



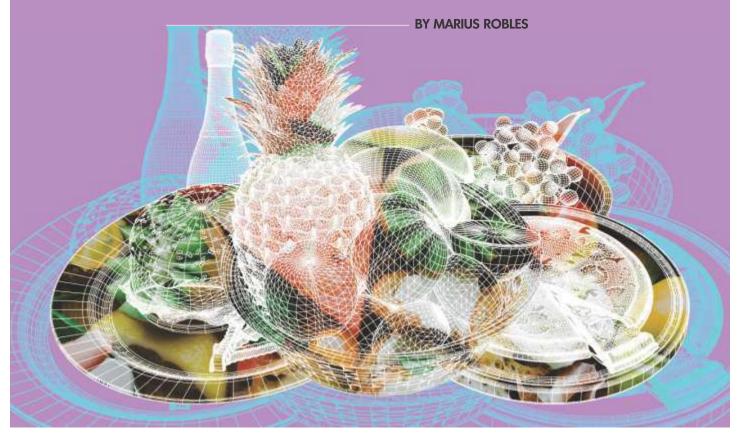
#### **5.Can't Beat Concrete**

id-century sensibilities are firing the imagination of furniture designers. Polished concrete evokes a minimalist aesthetic and is growing in popularity for kitchen islands, countertops, and tables in restaurants.

Rapturously smooth to the touch, stone manufacturers are starting to play on the matte, single-tone effect. Combined with wood, concrete-effect surfaces deliver a fashionable atelier-chic, whether for a global chain or contemporary boutique hotel.



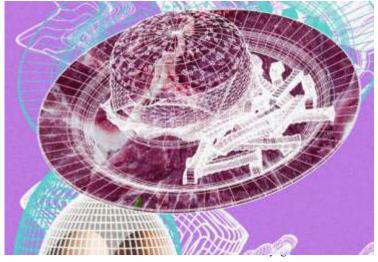
# IT'S THE YEAR 2038...HERE'S HOW WE'LL EAT 20 YEARS IN THE FUTURE



It's the year 2038. The word "flavor" has fallen into disuse. Sugar is the new cigarettes, and we have managed to replace salt with healthy plants. We live in a society in which we eat fruit grown using genetics. We scramble eggs that do not come from chickens, grill meat that was not taken from animals, and roast fish that never saw the sea.

Was this what we had in mind when we started seeking transparency, traceability, and sustainability of our food system many years ago in the early aughts? About a decade ago, we lived through an agricultural bottleneck caused by warm temperatures that caused plagues and diseases, which

s e v e r e l y compromised the food sources we were cultivating and consuming. By the end, three quarters of the world's food were derived from just 12 plant and five animal species. We learned from this mistake and started to embrace true biodiversity,





combat climate change by locking carbon into the ground.

We live in an age of ultrapersonalization, but at the same time, we lack any kind of privacy. All of our nutrition follows a plan, there is practically no freedom of choice. The initial trigger was China's pilot program—based on the launch of its big data and artificial intelligence system that assigned a rating to each Chinese citizen, what they called the social credit plan.

Once Chinese businesses entered the food market en masse, they applied their technology and control model throughout the world. The focus on climate change and food safety led the EU to create a kind of food police. This organization uses technology and the ongoing carbon footprint left by each citizen to trace everything we eat and monitor our level of food waste. The sum of all these elements results in our CFS (Citizen Food Score).

They are able to analyze everything, from

plants in containers placed throughout cities, using efficient hydroponic setups and the latest technology to narrow the gap between citizens and their food. Farms are now located in cities and can be readily visited, but they now resemble an Apple Store more than a traditional farmstead.

In addition to this technology, the fields that remained for cultivation became sites for regenerative agricultural practices, a series of steps beyond what is required to obtain an organic label and which could contribute to





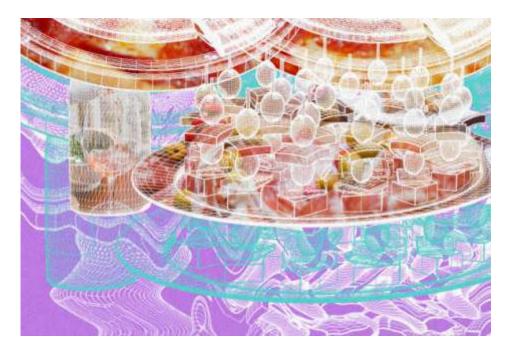




the sandwich we take from a vending machine–1,441 grams of CO2 equivalent, equal to the emissions generated by driving a car for 10 miles—to our overall eating habits. This means that when you try to use your fingerprint on a vending machine, sometimes it will withhold the product, either because it would exceed your predetermined carbon level or because you have already ingested the necessary calories for that day.

An algorithm calculates our level of consumption and the waste we generate without needing to check the bags in our garbage containers, simply based on what we buy at the supermarket, the number of people in our household, and their consumption and habits. This is then used to impose significant fines when a high level of waste is detected.

We have ended obesity, but we are still analyzing the health effects of new food products coming from laboratories. As a



preventive measure, we now have the Food Consumption Tax Agency, which analyzes the way we eat by means of a digital implant or tattoo, depending on the category. The government makes everyone ingest an edible nanorobot every six months to assess our food's risk for our health and the environment. Insurance companies have started to offer policies with premiums that vary according to our health habits. Thanks to those implants, they are able to track almost everything in real time.

Kitchens have completely changed. We now have bioreactors in our kitchens, together with a whole series of smart cooking devices that do not simply manipulate or process food but can prepare any dish or recipe. We have gone from having urban gardens at home to robotic greenhouses that produce food at high speed, 500 times faster than that grown from the soil. We even have the ability to produce hybrid foods.

We can now teletransport food. The method of transportation that brought meals into our homes went from the motorcycle, bicycle, and robot, to a broadband connection. Instead of sending the food, we send its data. We can acquire recipes and dishes made by top chefs in their restaurants. Once we have "purchased" them, our 3D food printers can replicate them at home in a matter of seconds. Powdered food synthesizers can create simultaneous and changing snacks, with 10 or 20 different flavors in each bite.

This happened after companies digitized every foodstuff in the world, making it possible to 3D print them. They created a digital food database that stored information about the flavor, color, shape, texture, and nutrients of different kinds of foodstuffs. The user just had to select the type of food they wanted from the database and their 3D printer created small cubes in the shape of

that food, which were then injected with the corresponding flavors, colors, and nutrients. Artificial intelligence became completely enmeshed in our lives, and also in our kitchens. Each citizen is assigned a flavor-predictive algorithm, akin to culinary DNA, which logs every memory and taste linked to food from our earliest childhood. Since it perfectly understands our every culinary need, it can even anticipate our moods and instruct our cooking devices to prepare the most appropriate dish. Everything we need is recorded in a single database.

The few remaining restauranteurs have the same level of responsibility as doctors in terms of caring for their patrons' health. Restaurants used to cater to emotions, instead of exclusively to stomachs. Back then, they didn't just feed diners, but also served as a setting for reconciliations, negotiations, conspiracies, declarations of love, intellectual gatherings, deep conversations, and a very long and indescribable etcetera. Nowadays, most restaurants have become virtual. They still prepare dishes, but they send them to your home. They no longer have tables and chairs for diners to sit at. The progress made in food preservation allows us to enjoy any menu, from the best haute cuisine to the cheekiest snacks, in the comfort of our own homes.

Any customers who still visit restaurants in person find a space full of sensors that track operations in the kitchen and diners' movements. Most restaurants download their diners' FCS (Food Citizen Score) and flavor predictive algorithm (culinary DNA) as they walk through the door, to obtain information about weight, height, dietary requirements, and physical condition goals. Their applications will then provide personalized nutritional advice and recommend meal options. Customers also provide a saliva sample, so that the restaurant can cross-reference their genetic makeup against updated studies, in order to let them know if they have a significant probability of a genetic predisposition to food intolerances and also to inform the specific dietary contents of the perfect menu they will put together.

Abundance, coupled with artificial intelligence's ability to anticipate every decision, has emptied our minds and lives of any concerns related to food. But as a result, we have destroyed the pleasure of eating: We never lick our lips in anticipation.





2019

hanghai Cooperation Organization Conference in Pakistan's Perspective. The Shanghai Cooperation Organisation (SCO), or Shanghai Pact is a Eurasian political, economic, and security alliance, the creation of which was announced on 15 June 2001 in Shanghai, China by the leaders of China, Kazakhstan, Kyrgyzstan, Russia, Tajikistan, and Uzbekistan; the Shanghai Cooperation Organisation Charter, formally establishing the organisation, was signed in June 2002 and entered into force on 19 September 2003. The originalfive nations, with the exclusion of Uzbekistan, were previously members of the Shanghai Five group, founded on 26 April 1996. Since then, the organisation has expanded its membership to eight countries when India and Pakistan joined SCO as full members on 9 June 2017 at a summitin Astana, Kazakhstan.

The Heads of State Council (HSC) is the supreme decision-making body in the SCO, it meets once a year and adopts decisions and guidelines on all important matters of the organisation. Military exercises are also regularly conducted among members to promote cooperation and coordination against terrorism and other external threats, and to maintain regional peace and stability. Criticisms of the SCO include that it is used by member states to shield each other from international criticism regarding human rights violations. The 2019 Shanghai Cooperation Summit, held in the Kyrgyz capital Bishkek on June 13-14, marked the much of the media hype in Pakistan surrounded the will it/won't it happen meeting between Pakistani PM Imran Khan and Indian PM Narendra Modi (which ultimately resulted in an exchange of pleasantries), the summit saw several key bilateral meetings that took place apart from the multilateral meeting of the Heads of State. The summit also garnered increased scrutiny on account of

ongoing tensions in West Asia and the US-China trade war.

Thepresence of Iran and Afghanistan as observers also makes it an important venue to discuss vital regional issues.PM Imran Khan gave a roadmap for



enhanced socio-economic cooperation among SCO member states. After the conclusion of Shanghai Cooperation Organization (SCO), Shah Mehmood Qureshi said that Pakistan neither needs to run after anyone nor to demonstrate stubbornness. He further elaborated that Pakistan's approach is very realistic and well thoughtout. He said that

in context of possibilities of bilateral talks with India.FM Qureshi termed the meeting of Prime Minister Imran Khan and his Indian counterpartNarendra Modi as "courtesy" when both of them

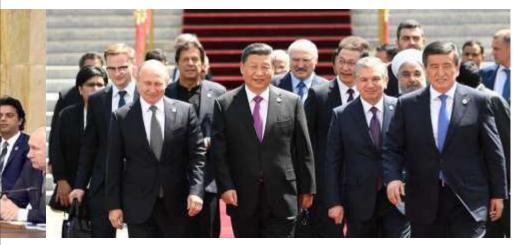




shook hands. He also explained that this meeting was not a structured one. He said that Pakistan has said what it had to but India has not come out its election mindset in which it had taken an extremist position just to influence its local politics. While defending sheer criticism on Prime Minister Imran Khan for inviting Indian PM Narendra Modi for the bilateral talks again and again, he said that now it's the time for India to make a decision on whether or not to hold bilateral talks with Pakistan to resolve all the standing issues. In that conference, PM Imran Khan addressed the meeting of the SCO Council of Heads of State in Bishkek and proposed an eightpronged course of action for SCO in order to create peaceful coexistence, regional trade, soft and infrastructure connectivity and a framework against corruption and white collar crime among the member states. He insisted on early finalization of arrangements for trade in local currencies and setting up of SCO FUND and SCO Development

Bank to fasten the trans-regional development agenda. He elaborated the





synergic effect that willbe created in the region if region-wide-connectivity is initiated and digital, cultural, tourism and academic connectivity is promulgated. He suggested setting up of SCO cultural and tourism corridors in the SCO states for further enhancement of regional connectivity. He also insisted on creating SCO centers of excellence on poverty alleviation, deradicalization, connectivity and new technologies.

He applauded Chinese President Xi's far sighted initiative of One Belt One Road which could shift the epicenter of economic power and growth momentum eastwards. He emphasized that Pakistan's foreign policy is based on building partnerships based on mutual respect, sovereign equality and equal benefit. He elaborated that there are several threats to open trade and innovation in the form of terrorism to climate to narcotics to bacterial resistance and he further added that Islam phobia was threatening to provoke religious fault lines. He condemned terrorism in all its forms and manifestations including the state-terrorism against people under illegal occupation. He urged the parties to exercise restraint and help in de-escalation of the tensions erupting in Middle East and Gulf through diplomatic means. He also pointed out the dire need for SCO's support for post-conflict Afghanistan.

On the sidelines of the meeting, Pakistan signed three agreements to promote education, health and cultural activities among the member states during meetings of the head of states, according to the foreign minister. FM Qureshi said that Pakistan would import 1000 megawatt electricity from Kyrgyzstan by 2021 to overcome the power shortage in summer. Besides, he said, PM Khan also held talks with Kyrgyz president on early completion of the CASA-1000 project, which would start from

Kyrgyzstan and reach Afghanistan through Tajikistan and onward to Pakistan. During an informal interaction with Russian President Vladimir Putin, Mr. Khan discussed about the former resolution of the Kashmir dispute between India and Pakistan. The PM also held a bilateral meeting with the president of Belarus and both the leaders agreed to intensify bilateral cooperation in agriculture, industry and technology. A controversy erupted when Prime Minister of Pakistan Imran Khan yet again broke the diplomatic protocol, this time at the opening ceremony of the Shanghai Cooperation Organisation (SCO) Summit held in Kyrgyzstan's capital Bishkek on Thursday. In a video shared on the official Twitter handle of Pakistan Tehreeke-Insaf (PTI), Khan could be seen sitting while everyone else stood to welcome the heads of state entering the hall. Upon realizing that he was perhaps the only one seated, he stood briefly and then seated himself again before the others did.



round the world some 1.5 billion Muslims will be celebrating Islam's principal annual festival: Eid-ul-Adha, or the Festival of Sacrifice. The festival lasts for three days, during which time Muslims traditionally greet each other with the words "Eid Mubarak" or "Blessed holidays!"

Eid-Ul-Adha is the second major event of Islamic calendar year that is celebrated throughout the world regardless of individual caste, background, or ethnicity with fervent

THIV INTERNATIONAL CULTURE & ART

zeal. This Festival Originates on remembrance of the sacrifice that Abraham AS was willing to make of his own son Ishmael when he was commanded to show his commitment to Allah Almighty. This festival is not only about sacrificial of animals in the way of Allah but it also signifies mainly the importance of sacrifices thou how small they shall be in the way of Allah. Eid-Al-Adha also marks the culmination of Hajj rites at Mina.

The Day starts with a gathering in the mosque where Muslims offer the Eid prayer then greet each other. After the prayers Muslims start the preparation for animal sacrifice. After the sacrifice the festivities begin where people

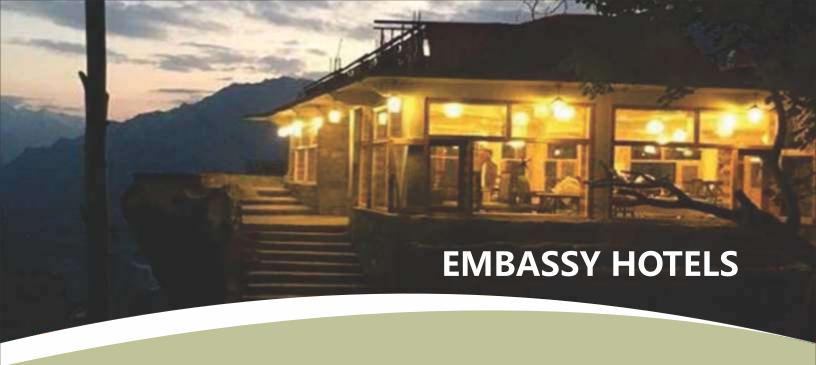
dress up in new clothes and start greeting each other by distributing the sacrificed meet to relatives and the poor.

Kids go outside to play with other kids or get together so as to celebrate this day. At Homes the meat delicacies are being prepared with care so as everyone can have a sumptuous and mouthwatering meal. Regional delicacies are prepared on this day and distributed among the poor as well so as they can enjoy and have their appetite fulfilled as well.

This is an event that teaches us how to give back to others so as to promulgate others to do the same in society.







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